



Program History

The Navos Infant and Early Childhood Mental Health Program has been providing early childhood mental health consultation services to the King County community since 2009.



In 2023, the Navos Infant and Early Childhood Mental Health Program received a grant from King County Best Starts for Kids through the Child Care Health Consultation program. This grant has allowed the program to expand consultation services to historically underserved child care providers in King County through 2025.

What is Early Child Care Health Consultation?

Early child care consultation pairs consultants with a background in early childhood mental health with individuals providing child care to young children. Through this partnership, care providers receive support so that they can meet the social, emotional, developmental, and health needs of the children in their care.

For More Information:

- ☎ (206) 229-6982
- 📍 1019 SW 152nd St, Burien WA 98166
- ✉ NavosEarlyChildhood@multicare.org

Early Child Care Health Consultation

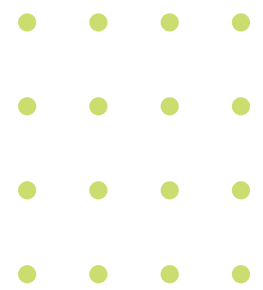
Part of the Navos Infant and Early Childhood Mental Health Program





What services do early child care consultants provide?

To enroll in consultation services and receive support free of charge, please scan the QR code or use the link below:



SCAN ME

<https://forms.gle/7LTNGxEsxML4DsFD7>



- Individualized support to child care providers
- Developmental and health screenings for young children
- Community referrals and resources (safety materials, books, toys, etc.)
- Information and support related to challenging behaviors, safety, developmental differences, social/emotional needs of young children, etc.



Hello! We are the Navos Early Childhood Consultation Team – Sarah Wolfe, Erin Canete, Karen Snowden, Haruko Watanabe (not pictured), and Priscilla Karwoski. We are Masters-level clinicians with specialized experience and training in working with young children and families. We have a strong passion for supporting young children and the important adults in their lives, including caregivers and child care providers. Our work focuses on collaborating with providers to recognize and support children’s social-emotional needs and develop skills to help children and families cope with the myriad of challenges that impact them. We look forward to joining with you, caregivers, and the children in your care to support you and the important work you do for your community.